



Updated menus are available at <http://www.bufordcityschools.org/departments/nutrition>.
Choice of milk offered daily.
Menus subject to change.
"This institution is and equal opportunity provider."



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.

Monday



Tuesday



Wednesday

NO SCHOOL

Thursday

Friday

6
Mini Corn Dogs
Chicken Sandwich
Greek Salad Bar w/ Roll
Green Beans
Choice of Fruit

7
Turkey & Cheese Roll Up w/ Doritos
Chicken Alfredo
Cobb Salad Bar w/ Roll
Corn
Choice of Fruit

8
Oven Fried Chicken w/ Roll
BBQ Sandwich
Chop Salad Bar w/ Roll
Mashed Potatoes
Choice of Fruit

9
Burrito Bowl
Orange Chicken
Fiesta Salad Bar w/ Roll
Roasted Baby Carrots
Choice of Fruit

10
Cheese Pizza
Pepperoni Pizza
Pasta Salad Bar w/ Roll
Baked Beans
Choice of Fruit

13
Pancakes & Sausage
Chicken Biscuit
Greek Salad Bar w/ Roll
Hash Browns
Choice of Fruit

14
Lasagna w/ Roll
Teriyaki Chicken
Cobb Salad Bar w/ Roll
Cheesy Broccoli
Choice of Fruit

15
Chicken Tenders w/ Roll
Mac & Cheese w/ Roll
Chop Salad Bar w/ Roll
Green Beans
Choice of Fruit

16
Chicken Nachos
PB&J Box
Fiesta Salad Bar w/ Roll
Pinto Beans
Choice of Fruit

17
Cheese Pizza
Pepperoni Pizza
Pasta Salad Bar w/ Roll
Sweet Potato Fries
Choice of Fruit

20
Toasted Ham & Cheese
Sloppy Joes
Greek Salad Bar w/ Roll
Corn
Choice of Fruit

21
Chicken Tetrizzini w/ Roll
Buffalo Chicken Flatbread
Cobb Salad Bar w/ Roll
Green Peas
Choice of Fruit

22
Cheeseburger
Wings w/ Roll
Chop Salad Bar w/ Roll
French Fries
Choice of Fruit

23
Pork Carnitas w/ Flatbread
Philly Cheese Steak
Fiesta Salad Bar w/ Roll
Sweet Potato
Choice of Fruit

24
Cheese Pizza
Pepperoni Pizza
Pasta Salad Bar w/ Roll
Green Beans
Choice of Fruit

27
Ravioli w/ Roll
Turkey & Cheese Ciabatta
Greek Salad Bar w/ Roll
Roasted Sweet Potatoes
Choice of Fruit

28
PB&J Box
Spaghetti & Meatballs
Cobb Salad Bar w/ Roll
Green Beans
Choice of Fruit

29
Beef Hot Dog
Chicken & Waffles
Chop Salad Bar w/ Roll
Baked Beans
Choice of Fruit

30
Pizza Crunchers
Beef Nachos
Fiesta Salad Bar w/ Roll
Corn
Choice of Fruit

31
Early Release
Corn Dog
Baby Carrots
Broccoli
Sliced Apples